

Detox Mask For Combination Skin



I love a good clay mask, and this [Herbal Detox Mask](#) is no exception. I've been using it religiously once a week for the past few weeks and my skin is finally clearing up! For some odd reason, I've had the worst breakouts of my life this year (really since January) and I can't seem to pinpoint exactly why. Because of this, I've been trying to be much more careful with my skin for these last few months, taking extra care to wear less makeup, moisturize, and do a weekly mask!

Disclaimer: This product was given to me for free from [Fig & Flower](#) in exchange for an honest review. As always, all opinions are my own.

I know I say this every blog post but you guys, my skin is SO dry. I seriously have no idea what it's like to have a hint of extra oil on my face - that is, that I didn't purposely put there in hopes to quench my desert-like skin. I'm not particularly mad about this since it's forced me to never forget to moisturize (which we all know is a crucial habit to prevent early wrinkles). And also, because in the past this meant that a "breakout" for me was having two meager zits at once. But then I began having this insane 20-something acne that I swear is a million times more stubborn than that of my teenage years. So I guess I now have combo skin? Dry and lots of acne. Ugh.

My acne is *finally* starting to clear up, though, thanks to this [Herbal Detox Mask](#)! Being consistent by using once a week helps a lot too, and luckily there's a ton of product per bottle so you won't run out easily. You can read about my love for 100% Pure [here](#), but basically this brand really is insanely pure and is also vegan :) They use almost all Certified Organic ingredients so you know you're getting the best with them!

Review wise? Although a detoxifying mask, it is surprisingly non-drying! I'm going to chalk that up to the Aloe Juice and Rose Water base, which are both really hydrating and also soothing for sensitive skin. But be warned - the first time I used this I stupidly lathered it on directly after washing with super hot water, and it burned. So now I just give it a few minutes after washing so my skin can calm down a bit and it actually feels so much better, just like a mild minty-feeling tingle. I leave the mask on until it dries, which is usually ~10 minutes and then just rinse it off with warm water. My skin always feels so **baby soft, nourished, and clearer** afterwards. It's an all-around win for my newly combo skin.

I used to hate masks because of the time, but this one is SO easy and quick. Seriously, try it out... especially if you have stubborn acne and dry skin. Find it [here](#) :)

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